

AUSTRALIAN INSTITUTE OF **PERSONAL TRAINERS**

ACADEMIC TRANSCRIPT

This is a statement that

Tiana Reeman Mol

has been assessed as having fulfilled the following requirements:

Code	Title
SISFFIT019	Incorporate exercise science principles into fitness programming
SISFFIT018	Promote functional movement capacity
SISFFIT015	Collaborate with medical and allied health professionals in a fitness context
SISFFIT025	Recognise the dangers of providing nutrition advice to clients
SISFFIT026	Support healthy eating through the Eat for Health Program
SISFFIT016	Provide motivation to positively influence exercise behaviour
SISXRES001	Conduct sustainable work practices in open spaces
SISFFIT021	Instruct personal training programs
SISFFIT023	Instruct group personal training programs
SISFFIT017	Instruct long-term exercise programs
SISFFIT020	Instruct exercise programs for body composition goals
SISSTC301A	Instruct strength and conditioning techniques
SISSTC402A	Develop strength and conditioning programs
SISFFIT012	Instruct movement programs to children aged 5 to 12 years
SISFFIT013	Instruct exercise to young people aged 13 to 17 years
SISXCCS003	Address client needs
BSBSMB401	Establish legal and risk management requirements of small business
BSBSMB404	Undertake small business planning
BSBSMB403	Market the small business
BSBSMB405	Monitor and manage small business operations

in completion of the following qualification:

SIS40215 Certificate IV in Fitness



Adam Woollard
CEO

Date: 18 February 2021
Certificate No: CERT31123
National Provider Number: 32363



AUSTRALIAN INSTITUTE OF **PERSONAL TRAINERS**

This is to certify that

Tiana Reeman Mol

has fulfilled the requirements for

SIS40215 Certificate IV in Fitness

The qualification is recognised within the Australian Qualifications Framework



Adam Woollard
CEO

Date: 18 February 2021
Certificate No: CERT31123
National Provider Number: 32363

